

Self-Care: Introduction to

Jin Shin Jyutsu®

4 Tuesdays in 2016 - 8:30-1:00 - Class Fees: \$60 -

Immaculate Heart of Mary Retreat Center, 50 Mt Carmel Road, Santa Fe

January 26 - Harmonizing the Immune System

February 9 - The Universal (Source) Energy

May 10 - The 6 Depths

May 24 - The 26 Safety Energy Locks

4 Massage Therapy CEUs provided by NCBTMB for each class. (\$5 Fee added for CEU processing). **\$25 discount with pre-registration for all 4 classes.**

Jin Shin Jyutsu is a healing art firmly rooted in traditional Asian physiology. Utilizing gentle touch at specific locations of the body, JSJ harmonizes pathways of energy that nourish body, mind, heart and spirit.

Focusing on self-care, these mini-classes are for **beginning and returning students alike**. They can be attended singly or as a series. The techniques you'll learn can also be utilized for others.



Jiro Murai ••••• Mary Burmeister

JIN • Person of knowing and compassion

SHIN • Creator

JYUTSU • Art

Instructor: beginning in 1984, **Cynthia Broshi** studied and received hands-on training with Mary Burmeister for 10 years. She's taught Self-Care JSJ courses since 1989. Certified as an Instructor in 2001, she presents practitioner-level courses internationally. www.jsjbroshi.net

Information and registration:

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More about JSJ:

www.jsjbroshi.net

www.jsjnewmexico.com

www.jsjinc.net

